



Friday 15 September 2017

Dear Parents and Carers

Whole School Food Policy

At St John's we recognise the importance of healthy eating and lifestyles, and teaching our pupils to make good choices about their health and well-being. We are introducing a new Whole School Food Policy to help us to achieve this goal and I enclose a copy of the policy and the Eatwell Guide.

The policy has been written following mandatory guidance set out by the Government in 'The School Food Plan'. These standards promote healthy eating habits in children and young people. To find out more information about The School Food Plan, you can follow the link listed on the School Food Policy document.

The policy outlines food and drinks provision throughout the school day for both residential and day pupils. Meal provision has been planned to follow the School Food Standards, and is also flexible. We consider the different needs of our pupils, so that individual eating and drinking needs can be met.

The policy includes information about what your child will be learning about food, nutrition and healthy lifestyles in the curriculum. I hope this will be helpful to you at home, for example when you talk about what they have learned.

At St John's we enjoy the opportunity to share food and drinks when celebrating special occasions and we have included a section about this in our food policy.

If you have any questions or would like to talk to me about the new policy, please do not hesitate to get in touch.

Yours sincerely,

Mrs H Hobbs

Lead Teacher for DT: Food