St John's Catholic Specialist School Safeguarding newsletter

2022 | April | Term 2

THANK YOU FROM YOUR DSL

One again everyone, thank you so much for your vigilance and commitment to keeping children safe this term. Do not forget you can always come and chat if you are not sure whether somethings meets the threshold guidance.

Safeguarding is everybody's business

Key reminders

The new working practice guidance was sent out at the beginning of March to ensure we are all aware of the new key changes and updates. If you have not done so please could you please read and sign the changes. (Highlighted in yellow and send this back to the office or myself, Rachel Blackburn) at your earliest convenience.

We additionally wanted to draw your attention to an interesting article around online issues of targeting teachers. This could be useful for everyone to read just in case these issues become apparent. <u>TikTok Videos Targeting Teachers - Support from Professionals Online Safety Helpline - UK Safer Internet Centre</u>





"It could be happening here"



What has been happening within safeguarding this term

External news and articles.

We have spoken about harmful sexual behaviour and how significant this is in schools between pupils. However, an additional element of disclosures is now surfacing coming from the back of lockdown. On the 11th March, the NSPCC highlighted some key issues. Please see link below. Backlog of child sexual abuse cases rises by 70% during Covid | NSPCC

The Carer's Trust released some interesting data around what young carer's have said about their role (Aged 12-25). We felt it was prudent to share this with you. We may not know if some of our young people are carers. The main findings were as below:

More than half (53%) of young carers and young adult carers said the amount of time they spend caring per week had increased in the past year.

At least a third of respondents said their caring role resulted in

them either 'always' or 'usually' feeling 'worried' (36%), 'lonely' (33%) or 'stressed' (42%).

40% of young carers and young adult carers responding to the survey said they 'never' or 'not often' had someone to talk to at school about being a young carer.

52% of young carers and young adult carers responding to the survey said they 'never' or 'not often' got support from their school, college or university in balancing study with their caring role.

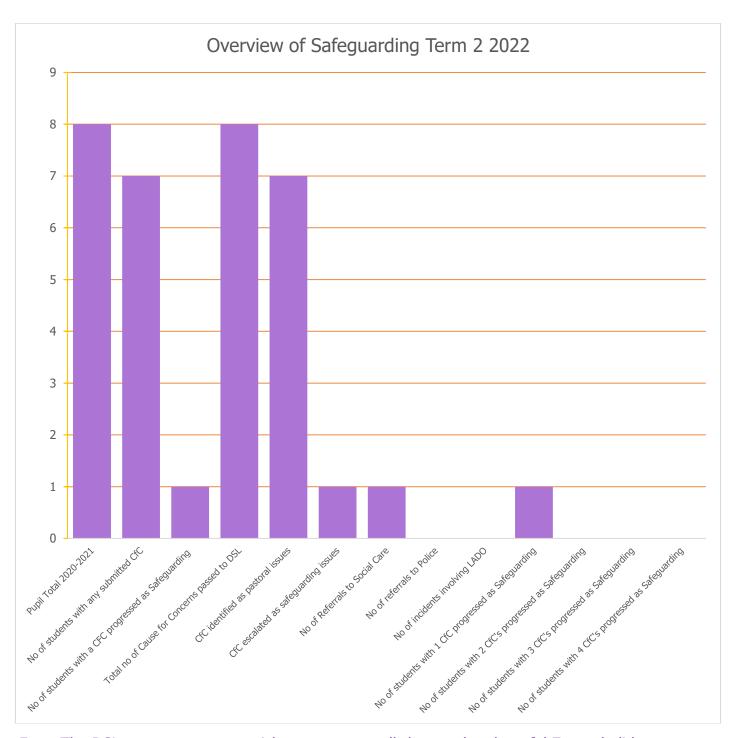
Findings from a new Carers
Trust survey reveal how an
alarming lack of support,
coupled with a dramatic rise
in time spent caring, is
leaving thousands of young
carers across the UK feeling
'lonely', 'exhausted',
'worried', 'burned out' and
'stressed'.

The NSPCC has launched a child line mental health campaign known as "we all feel it". There are resources online to help find new ways of coping and for them to contact child line to discuss worries they may have. There is a particular focus on young makes and 1-1 chats with a counsellor are available.

NSPCC in February 2022 have also launched an insight in to legal but harmful content for children and young people aged 11-18. They have helped. It is asking the government to have child safety online at the forefront of the Online Safety Bill, You can read more about it here NSPCC (e-activist.com).

Beewell (2021) is an interesting collaboration between Greater Manchester and the Anna Freud society who have published findings around wellbeing for year 8 and year 10 pupils and the gaps between male, females, and people who identify as LGBTQ+. It is an interesting report to read, See link attached for anyone who is interested in this area.

<u>BeeWell-overview-briefing.pdf</u> (gmbeewell.org)



From The DSL team we want to wish everyone a well-deserved and restful Easter holidays.

Rachel Blackburn April 2022