



# WEEK 1



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Tuna Pasta Bake GF available D</p> <p>☐</p>	<p>Swedish Meatballs and Rice GF Available D</p> <p>☐ ☐</p>	<p>Chicken and Cheese wrap D GF Available</p> <p>☐</p>	<p>Roast Pork and Yorkshire Puddings GF Available D</p> <p>☐</p>	<p>Fish and Chips GF Sauce GF Fish Finger Available</p> <p>☐</p>
<p>Vegetable Samosa and curry sauce V</p> <p>☐</p>	<p>Cheesy Cauliflower Bake V D GF Available</p> <p>☐</p>	<p>Salmon Fishcake and white sauce D</p> <p>☐</p>	<p>Vegetable Shepherds pie with lentils V GF Available</p> <p>☐</p>	<p>Spanish Omelette (mushroom, pepper, onion and paprika) V GF Available</p> <p>☐</p>
<p>Garlic Bread 50/50 Rice GF available</p>	<p>Potatoes of the day and seasonal vegetables</p>	<p>50/50 Rice and seasonal vegetables</p>	<p>Roast and mashed potatoes and seasonal vegetables</p>	<p>Mushy peas, garden peas, baked beans and curry sauce</p>
<p>Ice Cream and Fruit D GF Available</p>	<p>Fruit and Yoghurt D</p>	<p>Raspberry Cheesecake D</p>	<p>Fruit and Yoghurt D</p>	<p>Chocolate Mousse GF Available D</p>
<p>Baked beans —Bread of the day - Jacket potato available daily with fillings - Salad Bar - Fresh selection of fruit Gluten Free cakes available</p>				

V (Vegetarian) Green

GF (Gluten Free) Purple



**St John's**  
Catholic Specialist School

Ve (Vegan) Yellow

D Dairy (Red)