

St John's

Catholic School for the Deaf

Boston Spa, Yorkshire



WEEK 1



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN KORMA CURRY AND NAAN BREAD (Gluten Free available)	FISH PIE MASH POTATO TOPPING (Dairy)	BEEF LASAGNE GARLIC BREAD (Dairy)	ROAST CHICKEN DINNER	FISH & CHIPS
QUORN & VEG BOLOGNAISE (Gluten Free Pasta) (Vegan/Vegetarian)	AUBERGINE & COURGETTE PASTA BAKE (WHOLEMEAL) (Vegan/Vegetarian)	CHEDDAR CHEESE TOASTIE Dairy (Vegetarian)	VEGETABLE & LENTIL STEW (Vegan/Vegetarian)	CHEESE TOMATO & PEPPER QUICHE (Vegetarian) (D)
ARCTIC ROLL (Dairy)	FRUIT & YOGHURT (Dairy)	POLENTA ORANGE CAKE CUSTARD (Dairy)	FRUIT & YOGHURT (Dairy)	APPLE & CHERRY CRUMBLE CUSTARD (Dairy)
Baked beans — Seasonal vegetables - Potatoes of the day—Bread of the day. JACKET POTATO AVAILABLE DAILY WITH FILLINGS.				Baked beans Oven baked chips Mushy peas Chip shop style curry sauce
SALAD BAR AND SELECTION OF FRESH FRUIT.				

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WEEK 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GAMMON & PINEAPPLE (Gluten Free)	CHICKEN & VEGETABLE PIE	HOMEMADE PIZZA MARGARITA (Dairy)	BEEF STEW & DUMPLINGS	FISH & CHIPS
BROCCOLI & CAULIFLOWER GALETTE (PASTRY) (Vegan/Vegetarian)	TOMATO GARLIC & SPINACH GNOCCHI (POTATO DUMPLING) (Vegetarian)	VEGETABLE & CHICKPEA MASALA CURRY (RICE) (Vegetarian) (Gluten Free) (Dairy)	VEGATABLE LASAGNE (Vegetarian) (Dairy)	SPINACH & RICOTTA CANNELLONI (Vegetarian) (Dairy)
RICE PUDDING RASPBERRY COMPOTE (Dairy)	FRUIT & YOGHURT (Dairy)	GINGERBREAD & CUSTARD (Dairy)	FRUIT & YOGHURT (Dairy)	VICTORIA SPONGE (Dairy)
Baked beans — Seasonal vegetables - Potatoes of the day. JACKET POTATO AVAILABLE DAILY, WITH FILLINGS.				Baked beans Oven baked chips Mushy peas Chip shop style curry sauce
SALAD BAR & FRESH FRUIT				

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WEEK 3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage & tomato Wholemeal Spaghetti (Dairy)	Mexican Chicken tacos 50/50 Rice (Dairy)	Beefburger & bun Homemade potato Wedges (cheese optional)	Roast ham Dinner	Fish & chips
Scrambled egg & focaccia (Italian bread) Vegetarian	Macaroni cheese Garlic bread Vegetarian (Dairy)	Butternut squash & cherry tomato Crumble Vegan/Vegetarian	Vegetable Chilli Vegan/Vegetarian Gluten Free	Mediterranean Veg Pastry Vegetarian
Fruit meringue Mess (Dairy)	Fruit & yoghurt (Dairy)	Jam roly-poly Custard (Dairy)	Fruit & yoghurt (Dairy)	Chocolate & Blueberry cream cake (Dairy)
Baked beans — Seasonal vegetables - Potatoes of the day—Bread of the day JACKET POTATO AVAIALE DAILY WITH FILLINGS.				Oven baked chips Mushy peas Chip shop style curry sauce
SALAD BAR & FRESH FRUIT				