

St John's

Catholic School for the Deaf

Boston Spa, Yorkshire



WEEK 3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage & tomato Wholemeal Spaghetti (Dairy)	Mexican Chicken tacos 50/50 Rice (Dairy)	Beefburger & bun Homemade potato Wedges (cheese optional)	Roast ham Dinner	Fish & chips
Scrambled egg & focaccia (Italian bread) Vegetarian	Macaroni cheese Garlic bread Vegetarian (Dairy)	Butternut squash & cherry tomato Crumble Vegan/Vegetarian	Vegetable Chilli Vegan/Vegetarian Gluten Free	Mediterranean Veg Pastry Vegetarian
Fruit meringue Mess (Dairy)	Fruit & yoghurt (Dairy)	Jam roly-poly Custard (Dairy)	Fruit & yoghurt (Dairy)	Chocolate & Blueberry cream cake (Dairy)
Baked beans — Seasonal vegetables - Potatoes of the day—Bread of the day JACKET POTATO AVAIALE DAILY WITH FILLINGS.				Oven baked chips Mushy peas Chip shop style curry sauce
SALAD BAR & FRESH FRUIT				